

# KJ HAPPENINGS

## Rabbi's Message

Shalom,

In this week's Parasha, Moses tells us (Deut. 8:18) "You must remember the Lord your God, for it is He that gives you strength to create *chayil*."

The word "chayil" can be translated as wealth. Yet it also refers to strength, character and valor, as we know from the beautiful song we sing on Friday night, 'Ayshet Chayil.' The Torah is teaching us that we must have this reminder of Hashem giving us strength in our lives.

The reason Moshe tells us 'to remember' here is that we may tend to forget God's presence in our lives. This is also why the Torah speaks about Shabbat so many times. Since we are involved in mundane affairs for six days of the week, we must have special recognition of the seventh day in order to distinguish it from the six other days.



## High Holy Day Tickets

Call the office to order now!  
310.474.0559

- ◆ Erev Rosh Hashana, Sept 29th
- ◆ Rosh Hashana, Sept 30th & Oct 1st
- ◆ Erev Yom Kippur, Tues, October 8th
- ◆ Yom Kippur Day, Wed, October 9th

We work hard in our business and at our jobs. We put in the time and effort to cultivate things in the physical world. Some people may be unwilling to give credit to Hashem for success they may have achieved in their life. Indeed, the physicality of this world tends to make us forget that there is a divine spirit enlivening everything we see before our eyes.

For this reason the Torah exhorts us to remember Hashem in our daily affairs in order that we may always be connected to the soul and spirit of this wonderful world. This connects our physical actions with holiness and blesses them in an ever increasing manner.

Shabbat Shalom Umevorach!

Rabbi Natan Halevy

## Parashat Ekev

### Second Week of Consolation

Torah: Deut. 7:12–11:25, 111 Pesukim  
Hertz 780–793; Stone 980–997  
Haftara: Is. 49:14–51:3  
Hertz 794–798; Stone 1197–1199  
Tefillot: Morid Hatal

## KJ Schedule

### Erev Shabbat

*Friday, August 23rd*

Candle lighting .....	7:13 pm
Happy Minyan .....	5:30 pm
Minha .....	6:00 pm
Kabbalat Shabbat & Arvit .....	6:30 pm

### Yom Shabbat

*Saturday, August 24th*

Shaharit .....	8:30 am
Keriat HaTorah .....	10:15 am
Sermon .....	11:20 am
Musaf .....	11:30 am

Class with Rabbi Halevy .....	6:00 pm
Minha .....	6:45 pm
Seuda Shelisheet .....	7:30 pm
Arvit .....	8:00 pm
Havdala .....	8:08 pm

(Continued on page 2)

## Sponsor a Kiddush or Seuda Shelisheet!

**Celebrate a family milestone!**  
**Honor the memory of a loved one!**  
**Share a simha with the community!**  
**Celebrate and commemorate with  
 your Kahal Joseph community by  
 sponsoring a Kiddush or Seuda  
 Shelisheet for all to enjoy**

**Contact Sarah in the office at  
 310.474.0559 to reserve your date**

## Membership Benefits Everyone!

**You get...**

- \*To be a part of the Kahal family**
  - \*High Holy Days tickets**
  - \* Rabbi for lifecycle events**
  - \*Pastoral counseling**
- \*Preferential rates for space  
 rentals, Talmud Torah tuition  
 and children's programs**

**You support...**

- \*Educational programs**
  - \*Social events**
  - \*Prayer minyanim**
  - \*Keeping Kahal here for you  
 when you need it!**
- Contact the office at 310-474-0559**

*(Continued from page 1)*

**Sunday, August 25th**  
 Shaharit ..... 7:30 am

**Weekdays**  
**Monday– Thursday, August 26th-30th**  
 Shaharit..... 6:25 am

**Next Shabbat / Rosh Hodesh Elul**  
**Friday–Saturday, August 30-31**  
 Candle lighting ..... 7:03 pm  
 Happy Minyan ..... 5:30 pm  
 Friday Minha ..... 6:00 pm  
 Shaharit..... 8:30 am  
 Class w/Rabbi Halevy ..... 6:00 pm  
 Saturday Minha ..... 6:45 pm  
 Havdala ..... 8:06 pm

### Morning Minyan is Where It's At!

There is a warm place for you in the happy camaraderie of Kahal Joseph's morning minyan.

Any day is off to a great start when it begins with prayer and friendship. The best part? It doesn't just feel good, it's a mitsva too!

## Sponsor a Kiddush Or Seuda Shelisheet

**Celebrate a family milestone!**  
**Honor the memory of a loved one!**  
**Celebrate and commemorate with your  
 Kahal Joseph community by sponsor-  
 ing a Kiddush or Seuda for all to enjoy.**

**Contact Sarah in the office at  
 310.474.0559 to reserve your date.**

## In Memoriam

We remember these yahrzeit anniversaries from August 24 to 31, 2019. We light memorial candles, donate tzedaka, and attend Shabbat services to honor the memory of our loved ones.

**23 Av / Saturday, August 24th**  
*Gloria Levi Gloria Mazal bat Rahel*  
*Rachel Moses Aziza bat Rahel*

**24 Av / Sunday, August 25th**  
*Isaac Ezra Itzhak ben Abdullah*

**25 Av / Monday, August 26th**  
*Matty Yaqub Simha bat Sulha Mitana*

**27 Av / Wednesday, August 28th**  
*Lulu bat Shereen*

**28 Av / Thursday, August 29th**  
*Goel Berookhim Goel ben Yitzhak*  
*Malka Isaac Malka bat Rivka*

**29 Av / Friday, August 30th**  
*Rebecca Shamash Rivke bat Sarah*

**30 Av / Saturday, August 31st**  
*Maureen Murad*  
*Israel Messiah Yisrael ben Mashiach*

## Refua Shelema

Sassoon Ezra • Moselle Amron • Sally Amron •  
 Sylvia Cohen • Esther Duke • Mehry bat Miriam  
 Hakimipour • Tilda Levy • Yvonne Moalim • Florice  
 Newberry • Aliza bat Rahel • Aliza bat Victoria • Chaya  
 Chana bat Batya • Katie bat Farha • Miriam bat Yetta  
 • Miryam bat Malka • Moshe Ezra ben Mazal Tov •  
 Simcha bat Rooha • Habiba bat Farha • Chaya Rachel  
 bat Simcha • Ruhama Dina bat Rahel • Rahel bat  
 Ramah Regina • Karen bat Chana Meir • Eti Esther  
 bat Fortuna • Eliahu Shalom ben Avigayil • Ezra ben  
 Rahel • Albert Nissan ben Victoria • Mark Jonah  
 Reuven Halevi ben Batsheva

## The Custom of Saying Selihot

Starting after Rosh Hodesh Elul, Sephardic Jews around the world wake up in the early morning to recite Selihot, special prayers and poems. The Selihot are recited daily until the end of the Yamim Nora'im, "The Days of Awe" or High Holy Days.

The custom of waking up early during the 40 days from Rosh Hodesh Elul until Yom Kippur is codified in Shulhan Aruch. The special prayers facilitate Teshuvah or repentance, since it is not appropriate that we should arrive at the High Holy Days, asking Hashem for forgiveness, without having prepared. The last ten days of this 40-day period is called Aseret Yeme Teshuvah or "the ten days of repentance" when we add extra prayers in the Tefillah and extra songs in the Selihot.

The origins of Elul as a month of special Divine grace and mercy go back to the time of Moses, during the first year after the Jewish people went out of Egypt. Seven weeks after the Exodus, the people of Israel received the Torah at Mount Sinai. But just 40 days later, while Moses was still up on the mountain, they violated their special relationship with G-d by worshipping the golden calf. Upon descending from the mountain and witnessing their transgression, Moses smashed the two stone tablets on which G-d had inscribed the Ten Commandments; he then returned to Mount Sinai for a second 40 days to plead with G-d on Israel's behalf.

On the early morning of the 1st of Elul, Moses once again ascended Mount Sinai. On the mountain, G-d allowed Moses to "see My back, but not My face" (which Maimonides interprets as a perception of G-d's reality but not His essence) the closest any human being ever came to knowing G-d, and taught him His "Thirteen Attributes of Mercy."

Moses remained on the mountain for 40 days, until the 10th of Tishrei (Yom Kippur), during which time He obtained G-d's whole-hearted forgiveness and reconciliation with the people of Israel. Ever since, the month of Elul serves as the "month of Divine mercy and forgiveness."

## A Poem from Psalms 81

*The following psalm is read before Rosh Hashana, the Jewish New Year, and often before the beginning of each month on the new moon.*

*For the leader on the gittit, for Asaph  
Sing joyously to God, our strength;  
Raise a shout for the God of Jacob.  
Take up the song,  
Sound the timbrel,  
The melodious lyre and harp.  
Blow the shofar on the new moon,  
On the full moon for our feast day.  
For it is a law for Israel,  
A ruling of the God of Jacob;  
He imposed it as a decree on Joseph  
When he went forth from the land of Egypt;  
'I heard a language that I knew not'*

*I relieved his shoulder of the burden,  
His hands were freed from the basket.  
In distress you called and I rescued you;  
I answered you from the secret place of thunder  
I tested you at the waters of Meribah. *Selah.*  
Hear, My people, and I will admonish you;  
Israel, if you would but listen to Me!  
You shall have no foreign god,  
You shall not bow to an alien god.  
I the Lord am your God  
Who brought you out of the land of Egypt;  
Open your mouth wide and I will fill it.*

*But my people would not listen to Me,  
Israel would not obey Me.  
So, I let them go after their willful heart  
That they might follow their own devices.  
If only My people would listen to Me,  
If Israel would follow My paths,  
Then would I subdue their enemies at once,  
Strike their foes again and again.  
Those who hate God shall cower before Him;  
Their doom shall be eternal.  
He fed them the finest wheat:  
"I sated you with honey from the rock."*



# KJ Family Shabbat

**Celebrate Shabbat with your kids!**  
**Saturday, September 21st**  
**at Kahal Joseph**

Sing together, learn together, pray together  
*Spiritual, accessible service w/Rabbi Halevy*



**KAHAL JOSEPH CONGREGATION**

**TORAH CLASS WITH  
RABBI NATAN HALEVY**

August 24th 2019  
Shabbat afternoon @ 6 PM

The Norma & Sam Dabby



Talmud  
Torah



# Open House

Sunday, August 25th

10:30 am to 12:00 pm

Arts, Crafts & More

Meet the Teachers! Explore the School! Register for Classes!

Contact our Director, Molly Jalali at [molly@emetek.com](mailto:molly@emetek.com) or  
call our office at 310.474.0559 for more information.

Registration forms at [www.kahaljoseph/talmud-torah.html](http://www.kahaljoseph/talmud-torah.html)

