

White Fish

From Hanina Mathalon

- 1 large onion chopped
- 1 large tomato chopped
- 1 cup chopped fresh cilantro
- 2 tablespoons vegetable oil
- ½ teaspoon salt
- ½ teaspoon pepper
- 2 tablespoons tamarind paste
- 1 teaspoon sugar
- 1 large white fish

Mix all the sauce ingredients together. Preheat oven to 350° F. Place fish on oiled baking tray. Spread the sauce on top. Bake for ½ hour.