# KJ Happenings

6 Shevat 5782 | 8 January 2022 View as Webpage

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#### **PARASHAT BO**

<u>Shemot 10:1 -13:16</u> <u>Yirmiyahu 46:13- 28</u>

#### **EREV SHABBAT**

Friday, January 7th
Shabbat Candle Lighting 4:41 pm
Shabbat Arvit – at Home

### **SHABBAT**

Saturday, January 8th
Shaharit 9:00 am at Kahal Joseph
KJ Kids Korner 9:30 am
Minha, Seuda, Arvit 4:15 pm
Havdallah 5:45 pm

### Weekdays

Sunday, January 9th Shaharit 7:00 am Talmud Torah 9:45 am

### Weekdays

Mon - Fri, Jan 10th to 14th Shaharit 6:30 am

Masks required indoors at KJ

### Membership & Sponsorship

To sponsor an event or become a member contact our office. Call 310.474.0559, click here to email Sarah, or sign up online below.

### **Guest Message**



## Rabbi Jonathan Sacks, zt'l

Go to Washington and take a tour of the memorials and you will make a fascinating discovery. Begin at the Lincoln Memorial with its giant statue of the man

who braved civil war and presided over the ending of slavery. On one side you will see the Gettysburg Address, that masterpiece of brevity with its invocation of "a new birth of freedom." On the other is the great Second Inaugural with its message of healing: "With malice toward none, with charity for all, with firmness in the right as God gives us to see the right..." Walk down to the Potomac basin and you see the Martin Luther King Memorial with its sixteen quotes from the great fighter for civil rights, among them his 1963 statement, "Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do that." And giving its name to the monument as a whole, a sentence from the I Have a Dream speech, "Out of the Mountain of Despair, a Stone of Hope."

Continue along the tree-lined avenue bordering the water and you arrive at the Roosevelt Memorial, constructed as a series of six spaces, one for each decade of his public career, each with a passage from one of the defining speeches of the time, most famously, "We have nothing to fear but fear itself."

Lastly, bordering the Basin at its southern edge, is a Greek temple dedicated to the author of the American Declaration of Independence, Thomas



### **Shabbat Shalom**

Dear congregants, please help us keep everyone safe and keep Kahal Joseph open. We ask that you WEAR YOUR MASKS INSIDE THE BUILDING. Thank you for your efforts to keep our community healthy and strong.

Donate Now to KJ!

Join Our Email List Jefferson. Around the dome are the words he wrote to Benjamin Rush: "I have sworn upon the altar of God eternal hostility against every form of tyranny over the mind of man." Defining the circular space are four panels, each with lengthy quotations from Jefferson's writings, one from the Declaration itself, another beginning, "Almighty God hath created the mind free," and a third "God who gave us life gave us liberty. Can the liberties of a nation be secure when we have removed a conviction that these liberties are the gift of God?" Each of these four monuments is built around texts, and each tells a story.

Now compare the monuments in London, most conspicuously those in Parliament Square. The memorial to former Prime Minister David Lloyd George contains three words: David Lloyd George. The one to Nelson Mandela has two: Nelson Mandela, and the Winston Churchill memorial just one: Churchill. Winston Churchill was a man of words, in his early life a journalist, later a historian, author of almost fifty books. He won the Nobel Prize not for Peace but for Literature. He delivered as many speeches and coined as many unforgettable sentences as Jefferson or Lincoln, Roosevelt or Martin Luther King Jr., but none of his utterances is engraved on the plinth beneath his statue. He is memorialised only by his name. The difference between the American and British monuments is unmistakable...

Click to read more

**Become a KJ Member** 

**AMAZON SMILE for KJ** 

### **Shabbat Melodies with Hazzan Saeed Jalali**









Rabbi Sacks Family Parasha

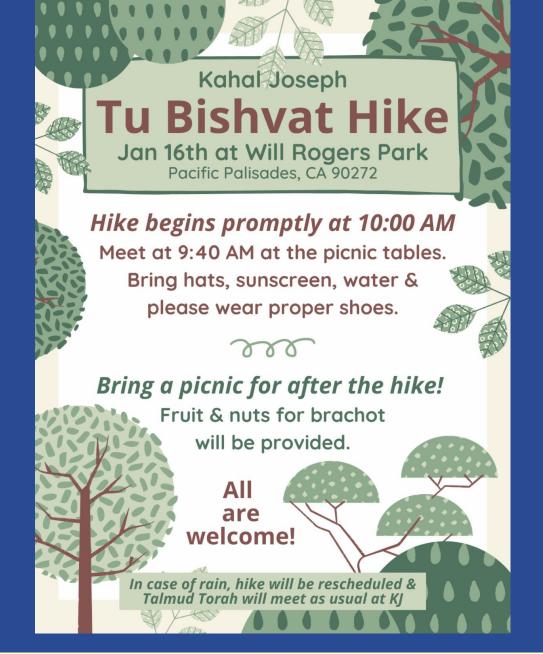
**Chabad Kids' Parasha** 

**Bo Coloring Pages** 

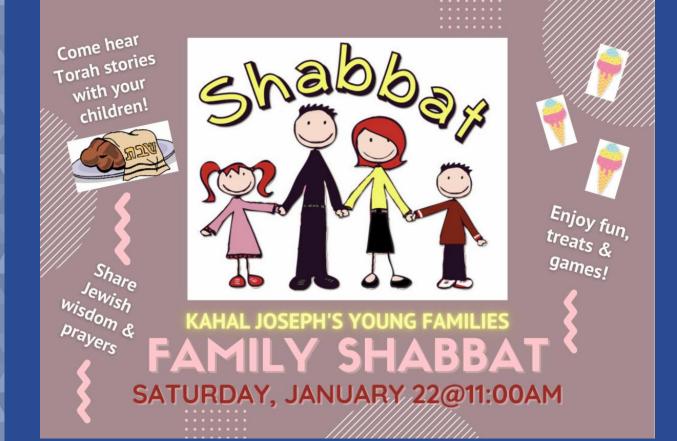
## KJ Tu Bishvat Hike

at Will Rogers Park Sunday, January 16th 2022

In case of rain, hike will be rescheduled and Talmud Torah classes will meet at Kahal Joseph.



KJ Family Shabbat January 22nd 2022



Click HERE to REGISTER for TALMUD TORAH



## **Community Notices**

### **Well-being & Mental Health Resources from CalHOPE**

Do you need a safe place to discuss the challenges you have experienced during the pandemic? CalHOPE offers crisis counseling after a federal declaration of emergency. It offers resources and information to help people find their way during these difficult times.

To learn more about ongoing support groups on Zoom, see the flier below. The groups continue through the last week of January 2022. To participate in the groups, use the Zoom link or call-in toll free at 888-475-4499 or 877-853-5257.

### **Tips to Manage Stress**

- Take a break from the news if it 's causing you to feel overwhelmed
- Maintain social contact by phone, text, or email with those who support you
- Treat your body kindly—eat healthy foods, avoid excessive alcohol, and exercise as you are able

Cal Voices COVID-19 Support Line (916) 288-8535

Monday – Friday | 8:30 AM – 5:00 PM

Or to chat, visit calhopeconnect.org





CalHOPE offers orisis counseling after a federal declaration of emergency. It offers resources and information to help people find their way during these difficult times. Do you need a safe place to discuss the challenges you have experienced during the pandemic? These support groups are held every week via Zoom. Use the Zoom link or call-in toll free at 888-475-4499 or 877-853-5257.

### **ART HAVEN SUPPORT GROUP**



Tuesdays | (groups end January 26, 2022)

11:00 AM – 12:00 PM PST | ZOOM LINK: https://bit.ly/3tMRshT Meeting ID: 950 3543 0363 | Passcode: 193790

6:00 PM – 7:00 PM PST | ZOOM LINK: https://bit.ly/3fe6qs5 Meeting ID: 947 1336 7278 | Passcode: 352354

The Art Haven Support Group is a safe place to create art as a way to express and process feelings. Come as you are! There is no pressure to share your art or speak. You are welcome to bring your own projects too! Come create and be renewed with us!

### STAYING WELL DURING COVID-19: A GROUP DISCUSSION



Tuesdays | 1:00 PM — 2:00 PM PST (group ends January 25, 2022) ZOOM MEETING LINK: <u>https://bit.ly/338AkbA</u> Meeting ID: 955 4071 5770 | Passcode: 203115

Come join us in our safe space for a discussion of what wellness means to you and how you're staying afloat. Learn from others and our facilitators, and take away new ideas, support and connections.

### **PARENTING IN A PANDEMIC**



Wednesdays | 10:00 AM — 11:00 AM PST (group ends January 26, 2022 ZOOM MEETING LINK: <u>https://bit.ly/3sZ54pR</u> Meeting ID: 962 4010 3826 | Passcode: 177541

The Parenting in a Pandemic Support Group is a safe space to talk about the challenges you've faced as a parent during the pandemic. We will talk about shared challenges facing us as parents, things that have helped us get through, and talk about ways to thrive as parents and as individuals. Come as you are, whether to just listen or share! All parents of all genders and sexuality welcome.

Questions? Contact us at (916) 288-8535





### **Refuah Shelema**

We wish complete healing of body, mind, and soul to all those who are suffering with illness in our community, including:

Ariella Rivka bat Tziporah Rylla Elias / Rahel bat Mazal Ben Elias / Benyamin ben Yohevet

### **In Memoriam**

We remember these yahrzeit anniversaries from January 8 to 15, 2022. We light memorial candles, donate tsedaka, & attend Shabbat services to honor the memory of our loved ones.

6 Shevat / Shabbat, January 8th

Latif ben Chanina
Alexander ben Yehezkiel and Chana Hai Reiza
Odette bat Louise
Shimon ben Yosef v'Leah / Simon Saul

Shmuel ben Yaacov v'Tova / William McAbian

Tal ben Alona Basha

Meir Iny / Meir ben Sabiha

Gabriel Naghdi / Gavriel ben Rahel

Ezra ben Farha

Sassoon Ezra

Sylvia Cohen

Mehry bat Miriam Hakimipour

Tilda Levy

Yvonne Moalim

Florice Newberry

Aliza bat Rahel

Aliza bat Victoria

Chaya Chana bat Batya

Miriam bat Yetta

Miryam bat Malka

Chaya Rachel bat Simcha Ruhama

Dina bat Rahel

Karen bat Chana Meir

Eti Esther bat Fortuna

Ezra ben Rahel

Albert Nissan ben Victoria

Reuven Halevi ben Batsheva

David ben Tova

Rachel Bakhash / Rahel bat Dina

Fouad Salem / Hayeem ben Naima

Noach Yaakov ben Tzipporah

Ori ben Nuphar Chaia

Albert Gaub Avner Avraham ben Khatoon Maurice Jacob Jonah Maurice ben Yaacov

7 Shevat / Sunday, January 9th

Joe Meyer Yosef ben Avraham Grace Tizabi Yudit bat Nazima

8 Shevat / Monday, January 10th

Ezra Ekaireb Ezra Sion ben David

F. Ellis Meyer Eliyahoo Faraj ben Avraham Shalom

Rebecca Mizrahie Rivka bat Toba Edward Shashoua Sion ben Elisha

Edward Shashodd Sion Ben Elisha

9 Shevat / Tuesday, January 11th

Saul Zakoo Shaul Hai ben Ezra Halevy

10 Shevat / Wednesday, January 12th

Naima Dabby Naima bat Chahla

11 Shevat / Thursday, January 13th

Malacj Khamani Serah bat Simcha

12 Shevat / Friday, January 14th

Abraham M. Cohen Avraham Shalom ben Mordecai

Yitzhak Hacohen

Matthew Ellenhorn Matatehu ben Shmuel

Maurice Kadoorie Moshe ben Saleh

Rachel bat Masooda

Edward Mussry Ezra Haskel ben Yaakob Saleh

13 Shevat / Shabbat, January 15th

Shelia Cohen Sulha Khatoon bat Rivka

Nanejan Davoudian Nanejan bat Hacham Mola Rebbe

Alex Sassoon

Kitty Sassoon Khatoon bat Salha Mitana

### Visit KJ on Facebook

#### KAHAL JOSEPH CONGREGATION

Rabbi Natan Halevy

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Sasson Ezra, Sr. Hazzan Yvette Dabby, President

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