# KJ Happenings

10 Tamuz 5782 | 9 July 2022 <u>View as Webpage</u>

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# Notice to Our Community: Face Masks Recommended at Kahal Joseph

Due to the increase in daily new cases of COVID, the County of Los Angeles has issued a new health recommendation, asking individuals to wear face masks in indoor public spaces regardless of one's vaccination status. We ask that you please bring your face mask and wear it when indoors at Kahal Joseph. Thank you for keeping our community safe!

# **Rabbi Halevy's Shabbat Greeting**



Click here for Rabbi Halevy's Shabbat Greeting for Hukkat 5782.

**KJ Schedule** 

Parashat Hukkat Bamidbar (Numbers) 19:1-22:1 Haftarah: Shoftim 11:1-33

**EREV SHABBAT** *Friday, July 8th* Light Candles 7:49 PM

#### SHABBAT

Saturday, July 9th Shaharit 9:00 AM KJ Kids Korner 9:30 AM Minha/Arvit 7:30 PM Havdallah 8:52 PM

#### Weekdays

Sunday, July 10th Shaharit 7:00 AM

Mon-Fri, July 11-15 Shaharit 6:30 AM

## Membership & Sponsorship

To sponsor an event or become a member contact our office. Call 310.474.0559, <u>click here to email</u> <u>Sarah</u>, or sign up online below.

Become a KJ Member

**AMAZON SMILE for KJ** 

Join Our Email List

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# **Rabbi's Message**



## Rabbi Natan Halevy

Shalom U'vracha,

This week's parasha discusses the red heifer and describes purification rituals associated with it.

These intricate,

detailed procedures purify anyone who has come into contact with a corpse. In the times of the Temple, or Bet HaMikdash, these rituals helped maintain a high level of "kedusha", defined both as purity and also as dedication or commitment, in Israel.

Essentially, the mitzvah of *para aduma*, or red heifer, is a spiritual law that intertwines the physical and spiritual realms. When a being dies, a vacuum, lack and deficit is created by the loss of their presence. The purpose of this mitzvah is to help fill the void created by this loss.

The Torah calls the mitzvah of *para aduma*, a *hukka* which translates as "decree" in English, but this translation is incomplete. A *hukka* symbolizes our deep connection with Hashem. The word *hukka* also refers to engraving, a mark which becomes part of the object inscribed upon. By contrast, when words are written with ink, they are an element added upon another surface, whereas an engraving is chiseled and written into an object, and becomes part of it.

We are told that the words of the Torah are engraved in our souls, and we are innately connected with Hashem who is manifested in the Torah. The Zohar states, "There are three entities that are intimately connected with each other: the Torah, Hashem and Israel." The love of all three is essential. We must endeavor to love Hashem, our fellow people, and the Torah wholeheartedly.

Click to read more



# Shabbat Kiddush

is sponsored by Elka & Afshin Kashani

in honor of the Bat Mitzvah of their daughter Sara

> Congratulations Sara Kashani on your Bat Mitzvah

**Mazal Tov** to your parents, Elka & Afshin your siblings, Tali & Adam your grandparents Hamideh & Nourallah Kashani and Rosa & Mario Zeitune

# Shabbat Melodies with Hazzan Saeed Jalali





Listen to the <u>First Aliya of Parashat Hukkat</u> and to the <u>Haftara</u> sung by KJ's Hazzan Saeed Jalali!

# Insights: How To Never Get Angry By Erez Safar

"The best fighter is never angry." — Lao Tzu Being unhappy is a vicious cycle. It can lead to worry, anxiety, anger, depression. And each of these can trigger any of the others. Anger is toxic to your body and soul, often triggering one's 'fight or flight' response, which floods the body with stress hormones (e.g. adrenaline and cortisol.) This could manifest in all sorts of health, nervous system, and digestive problems. The cure for all this is easier said than done, but it begins with a healthy perspective, with trust and faith that all is for the good and that everything will work out.

I went through periods of depression when everything in my life was seemingly good. I wasn't poor or friendless or in dire straits, but, in the way I viewed my life, I might as well have been. The Talmud teaches that a person is led down the path that he chooses to follow.1 If we believe everything is for the good, then reality becomes good for us, but if a person only sees "bad", then they are treated accordingly with this lack of *emunah* (faith), and "bad" manifests more and more.

I broke this cycle for myself when I realized that if everything around me is good, but I can still get myself into such a dark place, then the opposite must be true–I can get myself to the light, no matter what circumstances I find myself in. It was then that I tried to become light, just as when light from your own flame is shared with another flame, your flame doesn't become smaller, only the other person's flame is now ignited.

# Click here to read more



# Kahal Joseph Community

Condolences to the Family of David Mussry, z"I, 1930-2022 With great sorrow we send our deepest condolences to the family and friends of David Mussry, David ben Toba v'Yaacov, who passed away on July 3rd 2022, the 4th of Tamuz 5782, in Jakarta, Indonesia.

David is the brother of our beloved member and past Sisterhood President Elsa (Mussry) Singman. He was born on August 30, 1930 in Surabaya, Indonesia and was one of thirteen siblings.

David will be very much missed by his entire family, nieces and nephews, extended family and friends in America, Indonesia, Australia, England and Israel.

Our thoughts and prayers go out to David's loved ones. May they be comforted together with all the mourners of Tsion. *Min hashamayim tenuhamu.* 

### **Refuah Shelema**

We wish complete healing of body, mind, and soul to all those who are suffering with illness in our community, including:

Evelyn Salem / Evelyn bat Mazal Modi ben Yvonne Zvi Moalim Ariella Rivka bat Tziporah Rylla Elias / Rahel bat Mazal Ben Elias / Benyamin ben Yohevet Latif ben Chanina Alexander ben Yehezkiel and Chana Hai Reiza Shimon ben Yosef v'Leah / Simon Saul Shmuel ben Yaacov v'Tova / William McAbian Tal ben Alona Basha Meir Iny / Meir ben Sabiha Ezra ben Farha Sassoon Ezra Sylvia Cohen Mehry bat Miriam Hakimipour **Yvonne Moalim** Florice Newberry Aliza bat Rahel Aliza bat Victoria Chaya Chana bat Batya Miriam bat Yetta Miryam bat Malka Chaya Rachel bat Simcha Ruhama Dina bat Rahel Karen bat Chana Meir Eti Esther bat Fortuna Ezra ben Rahel Albert Nissan ben Victoria Reuven Halevi ben Batsheva David ben Tova Rachel Bakhash / Rahel bat Dina Fouad Salem / Hayeem ben Naima Noach Yaakov ben Tzipporah Ori ben Nuphar Chaia

#### In Memoriam

We remember these yahrzeit anniversaries from July 9, 2022 to July 16, 2022 (10 to 17 Tamuz 5782). We light memorial candles, donate tsedaka, & attend Shabbat services to honor the memory of our loved ones.

**10 Tamuz / Shabbat, July 9th** Seemah Mozelle Moses Simha Mazal bat Farha Khanbaba Pouladian Itzhak ben Avraham Hatoon bat Haviva Isaac Shamash Itzhak Rahamim ben Abraham

11 Tamuz / Sunday, July 10th Joseph Bensabat Yosef ben Simy Moryousef Florence Nathan Farha bat Toba Moshe Sasson Moshe ben Sasson Solomon Leo Sassoon Shlomo ben Yamin Esther Levy Solomon Esther bat Leah Matana

> **12 Tamuz / Monday, July 11th** Eshagh Sarraf Eshagh ben Yehuda

13 Tamuz / Tuesday, July 12th Esther Simanian

**14 Tamuz / Wednesday, July 13th** Rachel Meyer Judah Rachel bat Aziza Joe Elisha Yosef ben Sassoon

**15 Tamuz / Thursday, June 14th** Mazal Sawdayi *Mazal bat Rima* Cohen

**17 Tamuz / Shabbat, July 16th** Abdallah Ezra Abdallah ben Ezra Itzhak

# Visit KJ on Facebook

### **KAHAL JOSEPH CONGREGATION**

Rabbi Natan Halevy Saeed Jalali, *Hazzan* Sasson Ezra, *Sr. Hazzan* Yvette Dabby, *President* Orly Kattan, *Sr. Vice President* Sarah Bouchoucha, *Administrator* Penina Meghnagi Solomon, *Administrative Assistant* Dafna Young, *Editor* <u>Click here to contact us at KJ Happenings</u>